

GP Guy Coolen 2026: Session: 1: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Peeters Steven HEADCOACH

Coaches: Vandenberg Sandra

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 08:54
Heat: 3/10 Lane : 1 Athlete: PEETERS JOCHEN					Q-time: 01:37:32
PB (25m pool): 01:37.32 Bree 01/06/2025					PB (50m pool): 01:40.81 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.75		01:37.32	
	00:47.75		00:49.57		
					

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 08:54
Heat: 3/10 Lane : 3 Athlete: ZEEUW MAX					Q-time: 01:30:82
PB (25m pool): 01:30.82 Lommel 22/02/2026					PB (50m pool): 01:36.91 SB: 01:30.82 Lommel 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.78		01:30.82	
	00:44.78		00:46.04		
					

Coach feedback:

Event number: 2: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 09:05
Heat: 7/10 Lane : 2 Athlete: SCHOOFs TUUR					Q-time: 01:13:61
PB (25m pool): 01:13.61 Lommel 22/02/2026					PB (50m pool): 01:16.20 SB: 01:13.61 Lommel 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.52		01:13.61	
	00:35.52		00:38.09		
					

Coach feedback:

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Event number: 2: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 09:07
Heat: 8/10 Lane : 2 Athlete: DRIJKONINGEN RUBE					Q-time: 01:10:36
PB (25m pool): 01:10.36 Hasselt 04/05/2025					PB (50m pool): 01:14.76 SB: 01:10.81 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.45		01:10.36	
	00:33.45		00:36.91		
					

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 11+					Heat:4, starttime: 09:19
Heat: 4/9 Lane : 3 Athlete: CLAES AMBER					Q-time: 00:40:85
PB (25m pool): 00:40.85 Hasselt 12/10/2025					PB (50m pool): 00:41.22 SB: 00:40.85 Hasselt 12/10/2025
	2 5 M	5 0 M			
PB		00:40.85			
	00:40.85				
					

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 11+					Heat:8, starttime: 09:24
Heat: 8/9 Lane : 4 Athlete: JANSSENS MARTHE					Q-time: 00:32:57
PB (25m pool): 00:32.57 Hasselt 12/10/2025					PB (50m pool): 00:33.23 SB: 00:32.57 Hasselt 12/10/2025
	2 5 M	5 0 M			
PB		00:32.57			
	00:32.57				
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:58
Heat: 3/11 Lane : 2 Athlete: PEETERS JOCHEN					Q-time: 01:20:40
PB (25m pool): 01:20.40 Mol 28/12/2025					PB (50m pool): 01:20.71 SB: 01:20.40 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.75		01:20.40	
	00:38.75		00:41.65		
					

Coach feedback:

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Event number: 6: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:58
Heat: 3/11 Lane : 4 Athlete: ZEEUW MAX					Q-time: 01:20:13
PB (25m pool): 01:20.13 Hasselt 12/10/2025					PB (50m pool): 01:23.28 SB: 01:20.13 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.26		01:20.13	
	00:38.26		00:41.87		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:7, starttime: 10:06
Heat: 7/11 Lane : 4 Athlete: SCHOOFS TUUR					Q-time: 01:05:42
PB (25m pool): 01:05.42 Hasselt 12/10/2025					PB (50m pool): 01:07.12 SB: 01:05.42 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.40		01:05.42	
	00:31.40		00:34.02		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:8, starttime: 10:08
Heat: 8/11 Lane : 4 Athlete: DRIJKONINGEN RUBE					Q-time: 01:02:73
PB (25m pool): 01:02.73 Bree 21/12/2025					PB (50m pool): 01:05.69 SB: 01:02.73 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.90		01:02.73	
	00:29.90		00:32.83		
					

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 10:36
Heat: 1/9 Lane : 3 Athlete: CLAES AMBER					Q-time: 01:35:55
PB (25m pool): 01:35.55 Pelt 05/10/2025					PB (50m pool): 01:41.93 SB: 01:35.55 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.80		01:35.55	
	00:45.80		00:49.75		
					

Coach feedback:

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Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:6, starttime: 10:50	
Heat: 6/9 Lane : 2 Athlete: JANSSENS MARTHE				Q-time: 01:17:38	
PB (25m pool): 01:17.38 Hasselt 12/10/2025				PB (50m pool): 01:22.44 SB: 01:17.38 Hasselt 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.03		01:17.38	
	00:38.03		00:39.35		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN 11+				Heat:1, starttime: 11:00	
Heat: 1/6 Lane : 3 Athlete: PEETERS JOCHEN				Q-time: 01:49:47	
PB (25m pool): 01:49.47 Beringen 08/02/2026				PB (50m pool): 02:07.63 SB: 01:49.47 Beringen 08/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.29		01:49.47	
	00:48.29		01:01.18		
					

Coach feedback: